

## GOSPEL REFLECTION FOR THE 11<sup>th</sup> SUNDAY IN ORDINARY TIME

### Relationship is Key

We are invited for a health check at our medical centre. We know we are out of shape and that we will probably get a bit of lecture! The health practitioner takes us through a check list. How much do we drink? How much do we smoke? How much exercise do we take? How much fruit do we eat? Then we are given a bit of advice and a leaflet on healthy living. We stuff the leaflet in a pocket and escape.

Any good counsellor will agree that issuing someone with a list of do's and don'ts is rarely helpful. That's not how change works. Key to facilitating change is relationship. When we talk to people and work out what is important to them and what they are struggling with, only then can we really help or be helped.

In today's gospel Jesus encourages his disciples to go out amongst the people to seek out the lost and remove the obstacles between them and God. He didn't send out the disciples in a spirit of judgment, but a spirit of empathy. Empathy and relationship are essential when it comes to helping someone to change. Jesus was able to change people's lives simply by the way in which he related to them and he asks us to do the same.

So how do we respond to Jesus' command to share what we have learned? Do we try to impose our views on others whether they like it or not, or do we take time to gain genuine and sensitive insight .... to make relationship key.

**Bitesize** - 'Some people think only intellect counts: knowing how to solve problems, knowing how to get by, knowing how to identify an advantage and seize it. But the functions of intellect are insufficient without courage, love, friendship, compassion and empathy.' ~Dean Koontz



**PARISH PRAYER** – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

**Permanent Deacons:** Revs Martin Sanderson & Richard Jones  
([deaconrick@sacredheartdereham.org.uk](mailto:deaconrick@sacredheartdereham.org.uk))

**Parish Music team:** Judy Reid, Kathleen Edmunds & Paul McIntee.

**Parish Safeguarding Representatives:** Paul McIntee

## Sacred Heart & St Margaret Mary



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**Sunday 14<sup>th</sup> June 2026 – 11<sup>th</sup> Sunday in Ordinary Time**  
[Sundays Year A, 11<sup>th</sup> Week of the Year, Weekdays Year II, Psalter Week 3]

### MASSES in the PARISH

<b>Saturday 13<sup>th</sup> June</b>	<b>The Immaculate Heart of the Blessed Virgin Mary</b>
18.00	For the People of the Parish
<b>Sunday 14<sup>th</sup> June</b>	<b>11<sup>th</sup> Sunday in Ordinary Time</b>
09.00 MASS	Helen Coyne + (Fdn)
11.00 MASS <i>Live streamed</i>	Kathleen & Roger Borthwick + (KE)
<b>Monday 15<sup>th</sup> June</b>	<b>Feria</b>
- No Mass	
<b>Tuesday 16<sup>th</sup> June</b>	<b>Feria</b>
- No Mass	
<b>Wednesday 17<sup>th</sup> June</b>	<b>Feria</b>
- No Mass	
<b>Thursday 18<sup>th</sup> June</b>	<b>Feria</b>
10.00 MASS	Davis, Kath & Family (Fdn)
<b>Friday 19<sup>th</sup> June</b>	<b>Feria</b>
- No Mass	
<b>Saturday 20<sup>th</sup> June</b>	<b>Feria</b>
18.00 <i>First MASS of Sunday</i>	Eugenia +
<b>Sunday 21<sup>st</sup> June</b>	<b>12<sup>th</sup> Sunday in Ordinary Time</b>
09.00 MASS	For the People of the Parish
11.00 MASS <i>Live streamed</i>	Frances P Fernandez (Thanksgiving) (LF)

**SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30**  
**EXPOSITION & BENEDICTION: Thursday after Mass**

*Rosary & Morning Prayer are said weekdays before Mass from 09:15.*

*Please note the 18.00 and 11.00 weekend Masses are normally sung.*

*For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the link on the parish website.*

The parish newsletter is available on the parish website from Friday each week.

**Anniversaries this week:** Maria Gay, Ellen Whitehead, Cardinal Basil Hume, Claudinette Barbas, Thomas Day, Tony Harmer, Madeline Lambert, Francis Hunt. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits:** If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

**Sick & Housebound [with GDPR Permissions] – Please pray for:** Derek Williams, Patsy Gray, William Dunne, Pauline Buckland, Katherine Vella, Frank Vella, Pauline Organ, Pat Grout, George Mealy, Peggy Mealy, Richard Allison, Marion Ring-Davies, Patsy Thompson, Ann McWilliams, Margaret Glendon-Doyle, Mila Kaunaite, Anne Sibley, Hillary Bushell, Ann Williams, Matthew Williams, Ken Wood, Frank Crawley, John Salmon.

**Money Matters:** Offerings for the week was as follows:  
Plate Collection 7<sup>th</sup> June 2026: £480.85.

**Bank Details.** Our new banking details are: The Sacred Heart Church, S/C 52-41-29, A/C 44725132. The change-over occurred 1<sup>st</sup> April 2026. When amending your Standing Order details please use **Offertory** as the only entry in the **Reference** box. Please only use **Stipend** or **Donation** for payments that are extra to your regular offering. Any queries please send to [treasurer@sacredheartdereham.org.uk](mailto:treasurer@sacredheartdereham.org.uk). If a tax payer, please consider Gift Aid (forms at back of church, or contact Rex Baker: Telephone 01362 694801 or email [rexbaker27@btinternet.com](mailto:rexbaker27@btinternet.com)). This will help to maximize donations.

**130 Club Draw for June 2026:**

Quarterly Prize £50 – Ticket No.165, Kate Crowley.  
1st Prize £20 – Ticket No.115, Philip Borthwick; 2<sup>nd</sup> Prize £15 – Ticket No.15, Richard May; 3<sup>rd</sup> Prize £10 – Ticket No.187, Chris Sayer; 4<sup>th</sup> Prize £10 – Ticket No.117, Rex Baker.

**Upcoming Parish events:**

<b>Diary for week Sunday 14<sup>th</sup> June - Saturday 20<sup>th</sup> June 2026</b>	
Sunday: 1100	<b>Childrens' Liturgy</b>
Monday: 1900 - 2030	<b>AA Group Meeting</b> - Emmaus Room
<b>Parish Garden Club</b> – To volunteer, please contact Sonia on 07985 521578.	

**Month of the Sacred Heart** - June is traditionally the month when Catholics are urged to show special devotion to the Sacred Heart of Jesus. Devotion to the Sacred Heart is the celebration of God's love for us.

**Upcoming Church Calendar Events:**

- **26<sup>th</sup> June** - Diocesan Jubilee Year Celebration - 1130 at St John the Baptist Cathedral, Norwich.

**Annual Mission Appeal: 13<sup>th</sup> - 14<sup>th</sup> June 2026, Sisters of St Peter Claver**

We shall be having a Mission Appeal by the Sisters of St Peter Claver on the 13<sup>th</sup> - 14<sup>th</sup> June 2026 in all Masses. If we could give generously to support their community in their mission.

**No Mass on 16<sup>th</sup> and 17<sup>th</sup> June 2026** - as Fr Jay is away for his holiday.

**+ Georgina June Rogers** - Funeral Service at Breckland Crematorium, 18<sup>th</sup> June at 1500. Please pray for the eternal repose of the soul of Georgina, and for the consolation of her family and loved ones in their time of sorrow.

**Parish Pastoral Council Formation**

The formation of a Parish Pastoral Council (PPC) in every parish of the Diocese has now been established as diocesan policy by the Bishop and the Council of Priests. Accordingly, we shall be forming our PPC in September 2026. In preparation, you are to nominate a capable candidate from within your cultural community whom you believe possesses the commitment and spirit of service needed for this important ministry. We hope to welcome fresh faces and, where possible, ensure that the various nationalities and communities in our parish are represented within the Council, reflecting the rich diversity of our parish family.

**Priestly Ordination of Dcns Anthony Reilley and Peter Ho** - 4<sup>th</sup> of July, at 1130 at the Cathedral.

**Word of Thanks:**

We extend our heartfelt thanks to our community for your prayers and generous support, which helped make our First Holy Communion celebration a joyful and grace-filled occasion. We continue to hold our First Communicants in prayer as they deepen their friendship with Christ and grow in love for the Eucharist. We offer our sincere gratitude to Robbie, Kate, Silvia, and Kathleen for their dedication and generosity in preparing the children for this important milestone in their Christian journey.

**Diocesan Lourdes Pilgrimage - 21st - 28th August 2026.** Please consider coming with us on the pilgrimage to Lourdes in this special anniversary year for East Anglia. You can find more information on the diocesan website <https://www.rcdea.org.uk/lourdes-pilgrimage-21-28-august-2026/> and on the Catholic Association website: <https://www.catholicassociation.co.uk/calourdes125>

For more information contact Deacon Huw Williams:  
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Mobile: 07399 163718 - please leave a message.